



How fit is your horse?

Fitness Training with Heart Rate Monitors

Discover how fit your horse REALLY is . Whether it's hacking, endurance, dressage, show jumping, cross-country or team chasing, On the Hoof's Maggie Pattinson will help you assess your horse's current state of fitness and fine-tune your training to help keep your horse healthy, sound and fit for the long term.

Sessions are tailored to each horse and rider combination and suitable for all levels of experience and ability. You don't have to jump or feel confident galloping – simply trotting up a hill with a heart monitor can reveal quite a lot about your horse's level of fitness!

Want to know more?

Work alone, with a friend or arrange a group clinic ... Give Maggie a call or email to discuss

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